



2018 Helpline Basic Training Dates

Interviewing begins 6 weeks prior to each session!

JULY 2018

Basic Training: Tuesday & Thursday TBA
8:30am—5:30pm

Orientation: TBA
6:00pm—9:00pm

AUGUST 2017

Basic Training: Tuesday & Thursday TBA
8:30am—5:30pm

Orientation: TBA
6:00pm—9:00pm

OCTOBER 2018

Basic Training: Sun. Oct. 21st & 28th
8:30am—5:30pm

Orientation: Thurs. Nov. 8th 6pm—9pm

Contact : Admin Office

Telephone: (905) 430—3511

Facsimile: (905) 430—1381

dcd@distresscentredurham.com

www.distresscentredurham.com



FEBRUARY 2018

FULL

Basic Training: ~~Sun. - Feb. 4th & 11th~~
8:30am—5:30pm

Orientation: ~~Thurs. Feb. 22nd~~
6:00pm—9:00pm

APRIL 2018

Basic Training: Sun. April 22nd & 29th
8:30am—5:30pm

Orientation: Thursday May 10th
6:00pm—9:00pm



Volunteer with Us!

*Please consider joining our
dynamic team of
Volunteer Helpline Workers!*

You must be:

- 18 years of age or older
- Caring, compassionate, trustworthy and non-judgemental

*For full details please visit our website
www.distresscentredurham.com*