



2017 Helpline Basic Training Dates

Interviewing begins 6 weeks prior to each session!

JUNE 2017

Basic Training: Sun. June 4th & 11th
8:30am—5:30pm

Orientation: Mon. June 19th
6:00pm—9:00pm

AUGUST 2017

Basic Training: Full

OCTOBER 2017

Basic Training: TBA
8:30am—5:30pm

Orientation: TBA 6pm—9pm



FEBRUARY 2017

Basic Training: Sun. Feb. 5th & 12th
8:30am—5:30pm

Orientation: Thurs. Feb. 23rd
6:00pm—9:00pm

APRIL 2017

Basic Training: Sun. April 23rd & 30th
8:30am—5:30pm

Orientation: Mon. May 1st
6:00pm—9:00pm

Contact : Admin Office

Telephone: (905) 430—3511

Facsimile: (905) 430—1381

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www.distresscentredurham.com



Volunteer with Us!

*Please consider joining our
dynamic team of
Volunteer Helpline Workers!*

You must be:

- 18 years of age or older
- Caring, compassionate, trustworthy and non-judgemental

*For full details please visit our website
www.distresscentredurham.com*