



We're Moving!

As of June 10th, 2009, Distress Centre Durham is moving!



As of June 10th, for Immediate help in the Durham Area, please call our 24 Hour Helplines at:

905-430-2522 (Local)

Our toll-free number remains the same:

1-800-452-0688 (Durham Region)



CONTACT US AT:

As of June 10th

Distress Centre Durham
Administrative Office & Resource Centre
306 Brock St. N.
Whitby, ON, L1N 4H7

Phone: 905-430-3511

Fax: 905-430-1381